

Personal Profile

Name : **Capt. Chikka Rangaswamy R**
Designation : Physical Education Director cum
Associate NCC Officer
Date of Birth : 20th May, 1974
Father's Name : Rangaiah
Mother Name : Lakshamma
Address : # 23/1-A, Old Post Office Road,
2nd Block, Thyagaraja Nagar
Bangalore – 560028.
Contact Number : 9844385510
Blood Group : A - Negative
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Educational Qualifications:

Exam	Subject	College / University	Year
M. Phil.	Physical Education	Vinayaka Mission University	2009
M.P. Ed.	Physical Education	Bangalore University	2008
B.P. Ed.	Physical Education	Bangalore University	2004
Degree	Bachelor of Arts	Bangalore University	2003
II P.U.	JOC	Pre-University Board	1995
S.S.L.C	State Board	S.V.C. K., Bangalore	1993

Additional Qualification:

A.N.O	National Cadet Corps - Lieutenant Training	Officers Training Academy, Kamptee, Maharashtra	2013
	Refresher Course Captain Training	Officers Training Academy, Kamptee, Maharashtra	2021
N.I.S.	Badminton	Sports Authority of India	2015

Awards:

- Won Chief Minister Commendation **Gold Medal Award** for Best Associate NCC Officer in Karnataka and Goa NCC Directorate – 2022.

Achievements in Sports:

- Participated Bangalore University & won 03 Gold Medal in Weight Lifting during 1993 & 1994.
- Represented Karnataka State in National Games at (**Manipur – 1999 & Hyderabad -2002**)
- Represented Karnataka State Weight Lifting Championships and won 3 gold medals, 6 silver medals and 2 bronze medals.
- Won **Bronze Medal** in South India Weight Lifting Championship at Kovilpatti, Tamil Nadu.
- Represent Karnataka State three times at Junior National Weight lifting Championships 1995 to 1997.
- Represented Karnataka State Four times in Senior National Weight Lifting Championships – 1995 to 2002.

Coaching Experience:

- Karnataka State Weight Lifting Association nominated two times as a Karnataka State Chief Coach in Weight Lifting for Sub-Junior and Junior Teams – 2005 & 2006.
- VTU nominated me as Coach in Weight Lifting, Power Lifting & Best Physique events 2008 to 2010.
- Bangalore University nominated as a Chief Coach in Archery, Shooting, Weight Lifting, Power Lifting and Best Physique Events since 2010.
- Bengaluru City University nominated as a coach for the Archery, Cycling and Shooting Sports since 2018.

State & National Level Awards:

- Completed NCC Officer Training Academy at Officer Training Academy at Kamptee, Maharashtra & awarded Lieutenant in Army Wing during February, 2013.
- Attended NCC Refresher Course (Captain Training) at Kamptee during November 2021.
- Karnataka State Weight Lifting Association presented Best Weight lifter award for two decades during 2010.
- Won Arjuna of Hampi Award in Hampi Utsav – 2014.

In Body Building:

- Mr. Bangalore, Silver Medalist during – 1993 at classic Gym.

In Archery & Rifle Shooting:

- Won Two Gold Medals in Archery & Rifle Shooting (10 mts) in Hampi Utsav - 2014.
- Won the Silver Medal in Officer Training Academy at Kamptee.
- Won 6th position in Karnataka State Level Shooting Championship 2019.
- Represented Karnataka in South Zone Shooting Championship at Kerala - 2019.
- Represented Karnataka in All India G.V. Malankara Shooting Championship at Gujarat 2019.

Work Experience:

- Worked in Border Security Force from 1994 – 1996 in Sports Quota.
- Worked in B.N.M. Institute of Technology as P.E. Director from 2008 to 2010.
- Working as Physical Education Director cum Associate NCC Officer at SICM, Bangalore since 2010.

Sports Achievements in Air Pistol Event:

- Won Gold Medal in Best Shot Shooting Championship in 10 mts Air Pistol Event 2022
- Won Gold Medal in Arjun Sports Shooting Championship in 10 mts Air Pistol Event 2022
- Won Bronze Medal in All India Invitational Shooting Championship in 10 mts Air Pistol Event 2022 org. by Hubli Sports Shooting Academy, Karnataka.
- Won Gold Medal in Tumkuru Open Shooting Championship in Air Pistol Event 2022
- Won Silver Medal Mysore Dasara Open Shooting Championship in Air Pistol Event 2022
- Won Gold Medal in Tumkuru Open Shooting Championship in Air Pistol Event 2023

List of NCC Achievers since 2012:

- Megana S Balavadi : RDC -2013
- Poorva Reddy T : RDC - 2015
- Poorva Reddy T : YEP at Bhutan -2016
- Shivam Bhimrajka : RDC – 2018
- Ashwini N : RDC – 2018
- Amrit Khadka : RDC – 2018
- Neela Monnappa : RDC – 2019
- Neha M : RDC – 2019
- Kalavathi D : TSC – 2019
- Dhanush S : TSC - 2020
- Shrinidhi G Shastri : RDC – 2023
- Hithashree R N : TSC - 2023

Capt. R. Chikka Rangaswamy

Sports Achievements Since 2010:

• Yogesh Sampath	:	Archery
• Deepak Raj	:	Archery
• Deepak G A	:	Archery
• Aishwarya S	:	Archery
• Sanjana S	:	Archery
• Niveditha	:	Archery
• Dhamodharan M	:	Archery
• Charan D N	:	Archery
• Aishwarya R	:	Archery
• Praveen V	:	Archery
• Jayaprakash	:	Archery
• Mamatha E	:	Archery
• Ganesh S	:	Archery
• Prathana	:	Archery
• Navaneeth	:	Archery
• Sai Karan	:	Archery
• Tarun S	:	Archery
• Nagashree S	:	Cycling
• Darshan B K	:	Cycling
• Md Khizar	:	Cycling
• Vishwesharan	:	Cycling
• Keerthi C	:	Cycling (Asian Championship)
• Rashmi R	:	Rifle Shooting
• Abhishek K N	:	Rifle Shooting
• Sathish J	:	Rifle Shooting
• Manohar S Itagi	:	Pistol Shooting
• Praveen Kumar R	:	Rifle Shooting
• Varlakshmi R	:	Rifle Shooting
• Harshitha M	:	Pistol Shooting
• Lakshman S	:	Rifle Shooting
• Vijeeth Gowda	:	Rifle Shooting
• Lavanya	:	Rifle Shooting
• Megana S Balavadi	:	RDC -2013
• Poorva Reddy T	:	RDC - 2015
• Poorva Reddy T	:	YEP at Bhutan -2016
• Shivam Bhimrajka	:	RDC – 2018
• Ashwini N	:	RDC – 2018
• Amrit Khadka	:	RDC – 2018
• Neela Monnappa	:	RDC – 2019
• Neha M	:	RDC – 2019
• Kalavathi D	:	TSC – 2019